



Phat Buffets delivered to you

www.phatpasty.com

email: buffets@phatpasty.com

Milton Keynes: 07519 776 409 **Northampton:** 07795 565 456





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Buffets & Office Lunches

We are delighted to offer our fantastic Phat food to our customers for all your in house buffets, training days and office lunches.

All of our buffets are made to order each day by our dedicated staff, with fresh ingredients in our own unique style.

We always strive to be the best, catering from 5 to 500, delivered direct to you in time to entertain your guests.

We offer a great range of Sandwich Platters, Buffets and Hot Lunches. With our famous Traditional Cornish Pasties and Homemade Soups, we have something for everyone - a change from the norm.

As winners of the 2009 Lunch!

Multiple Retailer of the Year Award and the Sammies Award 2010, British Sandwich Association, Workplace Sandwich Provider of The Year, we would love to demonstrate to you why the judges were so impressed!

So call us now, visit our website, or email us and we look forward to delivering a great Phat experience.

The Phat Man



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Phat Veggie Sarnies

£16.50 Per Platter or
£3.30 Per Round

- Egg Mayonnaise With Watercress And Sun Dried Tomato (V)
- Mature Cheddar And Tomato With Mrs Ball's Chutney (V)
- Hummus With Grated Carrot And Falafel (V)
- Brie With Cranberry Sauce (V)
- Roasted Medveg With Pesto Dressing(V)

Phat Favourites

£17.50 Per Platter or
£3.50 Per Round

A selection of our best sellers

- Reggae Reggae Chicken With Salad Leaves
- Ham With Wholegrain Mustard And Tomato
- Mature Cheddar With Fruit Chutney (V)
- Tuna Mayonnaise With Spring Onion
- Our Famous Prawn Cocktail Mix With Shredded Lettuce

Phat Gourmet

To really impress...

£18.50 Per Platter or
£3.70 Per Round

- Chicken And Smokey Chorizo With Salad
- Smoked Salmon, Cream Cheese And Chives
- Prawn Cocktail With Dill And Rocket
- Roast Beef, Watercress, Sun Dried Tomato And Horseradish
- Mozzarella, Tomato And Pesto (V)
- Chicken Tikka With Cucumber And Salad Leaves

Phat Fingers

For the BIGGER EAT

£19.50 Per Platter or
£3.90 Per Person

- Reggae Reggae Chicken With Salad Leaves
- Ham With Wholegrain Mustard And Tomato
- Roasted Peppers And Medveg With Pesto (V)
- Mature Cheddar With Branston Pickle (V)
- Prawn Cocktail With Dill And Rocket
- Roast Beef, Watercress, Tomato And Horseradish

Phat Wraps

£20 Per Platter or
£4.00 Per Round

- Hummus With Grated Carrot And Falafel (V)
- Bbq Chicken, Cheese And Bacon
- Ham And Coleslaw
- Mediterranean Tuna With Roasted Peppers
- Lemon And Garlic Prawns
- Cheese Crunch

Vegan Options

£17.50 Per Platter or
£3.50 Per Person

- Apple, Celery, Walnuts, Sultanas Bound In A Vegan Mayo
- Guacomole, Vegan Sausages And Salad Leaves
- Tomato, Pesto, Olives And Red Onion
- Vegan Cream Cheese, Roasted Peppers & Spring Onion



All served with
Salty Dog crisps

* Salty Dog Crisps are based on 1 bag per 2 people
* Platters based upon 5 people

. (All menus are subject to availability, other items may be used)



Meze Platter (Vegetarian)

£18.00 (for 4-6 People) £24.00 (for 6-8 people)

Falafel, Tzatziki, Stuffed Vine Leaves, Hummus With Olive Oil, Mixed Greek Olives, Feta Cheese, And Potato & Spinach Bites. (Subject To Availability, Other Vege Substitutes May Be Used)

Tapas Platter

£20.00 (for 4-6 People) £26.00 (for 6-8 people)

Aioli, Roasted Red Pepper Tapenade, Mixed Olives With Chilli, Chickpea And Spinach Bites, Spanish Style Rice Bites, Mini Chorizo, Iberico Cheese. (Subject to availability, other items may be used)

Cold Meat Platter

£22.00 (for 4-6 People) £28.00 (for 6-8 people)

Sliced Ham, Roast Beef, Chicken Breast Scotch Eggs And Pork Pie; Garnished With Branston Pickle And Piccailili. (Subject to availability, other items may be used)

Charcuterie Platter

£26.00 (for 4-6 People) £30.00 (for 6-8 people)

Smoked Sausage, Prosciutto, Breosola, Salami, Smoked Pork; Garnished With Dill Pickles, Baby Pickled Onions And Olives. . (Subject To Availability, Other Items May Be Used)

Smoked Fish & Prawn Platter

£32.00 (for 4-6 People) £34.00 (for 6-8 people)

Smoked Mackerel, Large Prawns, Smoked Salmon, Hot Smoked Salmon, Fish Pate; Garnished With Capers, Lemon Halves And Lemon Dill Mayonnaise. (Subject to availability, other items may be used)

Delicious combination to dip and share as a supplement to your buffet

Caprese Salad Platter

£8.00 (for 4-6 People) £12.00 (for 6-8 people)

Vine Tomato, Buffalo Mozzarella, Basil And A Pesto Dressing

Roasted Med Veg Salad Platter

£8.00 (for 4-6 People) £12.00 (for 6-8 people)

Roasted Med And Root Vegetables With Goats Cheese And A Honey & Lemon Dressing

Mixed Leaf & Prosciutto Salad Platter

£10.00 (for 4-6 People) £14.00 (for 6-8 people)

Mixed Leaves, Buffalo Mozzarella, Mint, Peaches And Prosciutto Ham.

Watercress And Pear Salad Platter

£10.00 (for 4-6 People) £14.00 (for 6-8 people)

Watercress, Rocket, Pears, Walnut And Parmesan Shavings.

Courgette And Parma Ham Salad Platter

£10.00 (for 4-6 People) £14.00 (for 6-8 people)

Courgette, Mint, Garlic, Red Chilli, Parma Ham, Figs With A Honey And Lemon Dressing.

Crudite Platter

£9.00 (for 4-6 People) £12.00 (for 6-8 people)

Mixture Of Raw Crunchy Vegetables, Crackers And Bread Sticks With Dips



Mini Phat Buffet

£5.25 Per Person
Min. order 5 people

1 ROUND PER PERSON - MIX OF VEGGIE SELECTION AND PHAT FAVOURITE SANDWICHES

- Sausage Rolls (2)
- Chicken Satay Sticks (1)
- Mixed Pastry Crolines (2)
- Tortilla Bites (v) (1)

Mega Phat Buffet

£6.50 Per Person
Min. order 5 people

HALF ROUND OF EACH PER PERSON - A SELECTION OF SANDWICHES + FINGER ROLLS WITH SAVOURIES, CRUDITES + SALTY DOG CRISPS

- Mix of Veggie, Favourites + Gourmet Sandwiches + Finger Rolls
- Cocktail Sausages (3)
- Chillli Puffs (2)
- Ham & Chorizo Croquette (1)
- Chicken Fillets with Sweet Chilli Dip(2)
- Mini Quiches (v) (2)
- Mini Pastries (1)
- Carrot + Celery Batons + Dips (v)
- Salty Dog Crisps

Combo Phat Buffet

£7.75 Per Person
Min. order 5 people

1 ROUND OF EACH PER PERSON - SANDWICHES, FINGER ROLLS SAVOURIES, CRUDITES, SALTY DOG CRISPS + FRUIT SKEWERS OR MUFFINS + DANISH

- Mix of Veggie, Favourites + Gourmet Sandwiches + Finger Rolls
- Sausage Roll (2)
- Chicken Croquette (2)
- Tortilla Bites (1)
- Cheddar Puffs (v) (2)
- Chilli Con Carne Bites (1)
- Stilton Pear and Walnut Tartlet (v) (1)
- Mini Prosciutto Pizzas (v) (1)
- Carrot + Celery Batons + Dips (v)
- Salty Dog Crisps
- Fresh Fruit Skewers or Muffins + Danish

Veggie Phat Buffet

£5.50 Per Person
Min. order 5 people

1 ROUND PER PERSON - MIX OF VEGGIE SELECTION SANDWICHES & FINGERS

- Falafels (2)
- Sweet Potato Bites (2)
- Roasted Veg & Tofu Skewers (2)
- Vegetable Croline Pastries (v) (2)

Phat Pasty Traditional Cornish Pasties and range of Speciality Pasties

All our Pasties are handmade
in Cornwall.

Please ask for today's varieties.

£3.50 Per Pasty



Famous Homemade Soups

Each day we make a fresh homemade soup

- Flask of Soup (6-8 portions) **£15.00 Flask**
- Crusty Roll + Butter **50p**

Ask us for Variety of the Day

Served from our electric wet chaffing dishes. We can provide plates, cutlery and service staff should you require it, please ask for details and costs.

£9.00 per person, minimum 12 people

Beef Bourignon

(beef steak, bacon, button mushrooms, button onions, garlic, red wine)

Chicken Fricasse

(chicken breast in a creamy white wine sauce, mushrooms, parsley, chives)

Butchers Cumberland sausages

(with a roasted red onion gravy)

Chilli beef con carne

Beef Lasagne

Tray baked salmon with olives, green beans, anchovies and tomatoes

Lamb Tagine

Thai green chicken curry

Fantastic fish pie

(potato topping)

Meatballs

(beef and pork sausage meat)

Roasted med veg with mixed herbs

Sausage cassoulet

Portobello mushroom, mozzarella, tomato and pesto stack



Served with either of the following;

Mashed potato

Cous cous

Rice

Pasta

Crusty bread & butter

And either one of; Mixed salad leaves, Potato salad, Apple Coleslaw, Tomato & red onion salad

Crunches + Dips

- Tortilla Crisps
- Carrot Batons
- Celery Sticks
- Sour Cream Dip
- Thousand Island Dip

£5.75 Per Platter
Serves 5

Crisps + Nibbles

- Crisps
- Peanuts
- Twiglets
- Tortilla Crisps

£5.50 Per Platter
Serves 5

Cheeseboard

- Variety of 4 Cheeses
- Crackers
- Grapes
- Celery
- Chutney

£15.00 Per Platter
Serves 4-6





Danish + Muffins + Croissants

- Delicious assortment of Danish Pastries **£1.75**
- All butter Croissants with jam, butter and knives **£1.60**
- Delicious selection of Jumbo Muffins **£1.65**

Bacon + Sausage Specials (served with sachets of Heinz ketchup, HP sauce and mustard)

- Bacon Bap **£2.75**
- Sausage Bap **£2.75**
- Bacon Baguette **£3.25**
- Bacon + Mushroom Baguette **£3.50**
- Sausage + Onion Baguette **£3.50**

Please ask about Veggie Options



Fruit Skewers (2)
£1.50 Per Person

Fresh Fruit Platter
 (2 pieces of fruit per person, inc grapes and strawberries)
£1.50 Per Person

Sliced and Cut Fresh Fruit Platter
 (pineapple, melon, kiwi, mango, grapes, strawberries and blueberries) **£2.50** Per Person (Please allow for seasonal variations in fruit)

Dessert Pots £2.95 Per Pot
 delicious individual homemade desserts in pots, choose below at

Profiterole Heaven
 a biscuit base topped with chocolate mousse, cream filled profiterole & chocolate fudge.

Lemon Zest Cheesecake
 light and refreshing lemon cheesecake on a biscuit base, with lemon curd to finish.

Malteser Cheesecake
 a vanilla cheesecake studded with broken maltesers on a biscuit base, finished with a rich chocolate fudge and malteser sprinkle.

Rich Chocolate Mousse
 chocolate syrup soaked sponge under a light and airy chocolate mousse, with chocolate drizzle and white chocolate curls.

Tiramisu
 coffee syrup soaked sponge and macapone cream layers dusted with cocoa.

Berries and Cream Sundae
 berry burst mousse swirled with fresh cream, butter baked crumble nuggets and summer berry sauce.

CREATIVE BREAKS

Why not make your meetings more interesting in the mornings and afternoons by ordering one of our creative break platters?

Muffins + Danish Breaks

- Delicious selection of Jumbo Muffins **£1.65** Per Person
- Assortment of Danish Pastries **£1.75** Per Person

Cake Breaks

- A 'naughty but nice' selection of fresh Cream Cakes £1.75 Per Person
- Cup Cakes - assortment of beautiful cupcakes £2.50 Per Person
- Celebration cakes - let us arrange a deliver a celebration cake for your special occasion,
from £25.00

Tuck Shop Break

- Individual bags of sweets tied with ribbon - jelly beans, American hard gums, mini chocolate eggs, dew drops, fizzy cola bottles, & apple sours
£1.50 Per Bag

End of Day Nibbles

Round your day off with drinks (non-alcoholic only) and nibbles
 Platter of nibbles includes - mixed nuts, nachos, cheese puffs, chilli puffs, vege puffs, cheese straws, olives
£5.95 per platter (serves 4 - 6)

Drinks + Crisps

- Salty Dog Crisps **85p**
- Apple/Orange Juice 1 ltr **£2.50**
- Still/Sparkling Water 500ml **£1.50**
- Coke/ Diet Coke/ Lucozade/Ribena/Oasis 500ml bots @ **£1.75** / Cans @ **£1.00**

Our Phat Vans visit companies every day to provide a great breakfast or lunch to hungry employees.

With a full range of sandwiches, baguettes, salads, pastas and our famous pasties and homemade soups we offer the best delivered concept in the UK - all in our unique **Phat Vans**.

If you would like us to visit your office or place of work, please call us and we can discuss further your requirements.

Call the Phat Controller on:

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Our Phat Vans are in great demand at a variety of evening and weekend events.

- Private Parties + Birthdays
- Weddings
- Sports Tournaments
- Social Events
- Village Fetes
- Local Festivals

We can bring our Phat Pasties direct to your event.

[Call us to check availability](#)



Email buffets@phatpasty.com
Send us your requirements and we will confirm your order

Telephone **Milton Keynes: 07519 776 409**
Northampton: 07795 565 456
Call us and we will be happy to take your order

Orders Must be placed by 2pm previous day

Payments By credit card or debit card on order
Customer credit account 30 days
Cash on delivery

Credit and Debit cards accepted but are subject to a 4% handling fee

Delivery Areas We deliver to Milton Keynes & Northampton
Minimum order £15 may apply to outlying areas - call us to confirm.

Dietary Needs Please let us know of any special dietary needs - we can cater for most requirements. We are not a nut free environment. All items are subject to availability.

General All items are subject to availability and seasonal changes. Items may be substituted. All prices include delivery but are subject to VAT at the current rate.



We recycle our platters. Please return to the driver on our next visit.





The Phat Pasty Co is a franchise business.
For Franchise info visit:
www.phatpasty.com

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